



there are many options, but there are some reasons to go with head nods.

Head nods are a common form of communication, and they can be used to convey a wide range of information. For example, a head nod can indicate agreement, understanding, or approval. It can also be used to show that you are listening to someone who is speaking.

Head nods are also a useful tool for nonverbal communication. They can be used to show that you are interested in what someone is saying, or to show that you are following their lead. Head nods can also be used to show that you are confident or assertive.

